

Skin

HEALTH CLINIC

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Treatment Information Sheet

OBAGI BLUE RADIANCE

The Obagi Blue Peel Radiance is a professional, superficial chemical peel designed to exfoliate the skin, improve texture, and promote a brighter, more radiant complexion. It is suitable for a wide range of skin types and ethnicities, making it a popular choice for individuals seeking quick, visible results with minimal downtime.

Key Ingredients

- Salicylic Acid (primary active ingredient)
- Glycolic Acid
- Lactic Acid
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This unique blend targets multiple skin concerns by exfoliating dead skin cells, unclogging pores, and promoting skin renewal.

Indications & Benefits

The Obagi Blue Peel Radiance is effective for:

- Oily and acne-prone skin
- Dull, uneven, or sallow skin
- Fine lines and wrinkles
- Mild to moderate photoaging (sun damage)
- Pigmentation and melasma
- Acne scarring and blemishes

What to Expect During Treatment

The peel is applied in layers after cleansing the skin. Mild tingling, heating, or tightness may be felt while the solution is on the skin; this subsides quickly after removal.

The procedure typically takes about 30 minutes and is often referred to as a "lunchtime peel" due to its convenience and minimal downtime.

Post-treatment, the skin may appear red, feel tight, or show mild peeling for several days.

Results

Smoother, firmer, and brighter skin is often visible after just one treatment.

Best results are achieved with a series of 4–6 peels, spaced 2–3 weeks apart.

Aftercare & Downtime

Minimal to no downtime; most people resume normal activities immediately.

Mild redness, peeling, or sensitivity may occur for a few days post-treatment.

Use a gentle cleanser, moisturizer, and broad-spectrum sunscreen after the peel to protect and soothe the skin.

Risks & Considerations

Common side effects: redness, swelling, peeling, tightness, mild soreness, or itching.

Less common risks: pigment changes (especially in darker skin types), herpes simplex outbreak (in susceptible individuals), rare risk of scarring or infection.

Not recommended for those with active skin infections or certain skin conditions without prior consultation.

Suitability

Appropriate for all skin types and ethnicities. Especially beneficial for those with oily, acne-prone, or mature skin seeking rejuvenation and improved skin tone.

Consultation

A professional consultation is recommended to assess suitability and customize the treatment for individual skin concerns.

Contact us today to schedule your consultation - hello@skinhealthclinic.ie