

Skin

HEALTH CLINIC

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Treatment Information Sheet

ANTI WRINKLE INJECTIONS

At Skin Health Clinic, we offer advanced anti-wrinkle injections that effectively reduce the appearance of fine lines and wrinkles, helping you achieve a more youthful and refreshed look.

This popular treatment not only addresses existing wrinkles but also serves as a preventive measure against future signs of aging..

What Are Anti-Wrinkle Injections?

Anti-wrinkle injections work by alleviating tension in the facial muscles, which can lead to creases and lines as collagen naturally diminishes over time.

This innovative approach combines both prevention and treatment, stopping the physical movement of the underlying muscles to significantly reduce the formation of wrinkles in the treated areas.

Why Choose Anti-Wrinkle Injections?

Proven Effectiveness: For over 20 years, anti-wrinkle injections have been the gold standard for treating upper face wrinkles, including crow's feet, forehead lines, and frown lines.

Safe and Reliable: Administered by trained professionals, these injections have an excellent safety profile and are well-tolerated by most patients.

Quick Procedure: The treatment takes approximately 15 minutes, making it a convenient option for those with busy lifestyles.

What to Expect During the Treatment

Consultation: Before your procedure, you'll have a thorough consultation to discuss your goals and assess your facial structure.

Preparation: The area to be treated will be cleansed, and a topical numbing agent may be applied for your comfort.

Injection: Using a fine needle, our skilled practi-

Injection: Using a fine needle, our skilled practitioners will inject the anti-wrinkle solution into targeted areas with precision.

Post-Treatment Care: After the procedure, you can resume normal activities, although we recommend avoiding strenuous exercise and excessive sun exposure for a short period.

Benefits of Anti-Wrinkle Injections

Non-Surgical Solution: Achieve a youthful look without the need for invasive surgical procedures.

Customisable Treatments: Each treatment can be tailored to your specific needs, ensuring optimal results.

Minimal Downtime: With a quick procedure and no significant recovery time, you can enjoy your results almost immediately.

Just a few of our FAQs

How do wrinkle injections function?

Anti-wrinkle injections work by injecting very small amounts of Botulinum straight into the muscle directly, this temporarily relaxes the facial muscles and prevents wrinkles.

Since a very fine needle is used, most patients report very moderate, transient discomfort, and the procedure only takes a few minutes.

In what areas can I get anti-wrinkle injections?

Forehead lines

Frown lines (between the eyes)

Crows Feet (around the eyes)

What causes Wrinkles?

We use underlying facial muscles every time we smile or grimace. As these muscles contract and stretch over time, the skin is creased and the collagen is gradually worn away, resulting in lines and wrinkles on our faces.

Contact us today to schedule your consultation - hello@skinhealthclinic.ie

Is the treatment painful?

An anti-wrinkle injectable is administered with a very fine needle, and takes only a few seconds.

It's the tiny prick of the needle for a moment, and most patients tolerate it very well. Several injections are given into the area you're concerned about, for example the frown lines between the brows.

If you are highly sensitive, a topical anaesthetic gel can be applied first. It has been compared to a similar sting experience to threading hair removal.

Will I see immediate results?

It varies by patient, but as a rule expect to see the results within 2 – 5 days as the muscle beneath the skin of the frown line relaxes.

Once it does, the difference will be noticeable to you as you know every inch and line of your own face. The results are subtle and natural, making you look well-rested and more youthful.

Are there any side effects of treatment?

Anti-wrinkle injectables and dermal fillers are tried and tested in millions of treatments globally and are safe and effective when administered by a doctor who has a correct understanding of the underlying facial musculature.

Side effects can include minor bruising at the site of the injection, so don't take any medication that thins the blood (like aspirin) for several days prior to your treatment, as this increases the risk of bruising.

Other side effects are discussed in your consent form which you can read prior to attending the clinic. This is site specific depending on the injection site. A few minutes after treatment small bumps may be visible on the skin. These will disappear very quickly.

Temporary headache is the most commonly reported symptom following Anti-wrinkle injection, though the number of patients who report headaches is minimal compared with the number of treatments performed. Any headache can be treated with the usual painkillers.

How long do the treatment effects last?

Each patient responds differently but in general, anti-wrinkle injectables last between 2 and 4 months before the relaxing effect on the muscle wears off.

Can I keep getting anti-wrinkle injections?

Yes. Anti-wrinkle injections do not 'build up' or accumulate in your system. Recommended treatments are scheduled at about 3-6 months. Once the effects have worn off it is safe for you to top up treatments in the same area.

It is also perfectly safe to have multiple treatments in different regions simultaneously.

Anti-wrinkle injections work by injecting very small amounts of Botulinum straight into the muscle directly, this temporarily relaxes the facial muscles and prevents wrinkles.

Please ensure that you:

Have no cold sores

Are not pregnant/trying to get pregnant/not breastfeeding

Inform your treating Medical Professional about any medications or dietary supplements you are taking, some medications can adversely affect the way Anti Wrinkle Injections work and can increase your risk of bruising.

You must refrain from taking any painkiller medication that contains Ibuprofen (this only relates to any medication that is "not prescribed by a Doctor"). Ibuprofen may contribute to bruising and is best avoided for 7 days pretreatment.

You must refrain from taking Alcohol and Vitamin supplements including; St. Johns Wort, Fish oils, Garlic, Gingko Biloba, Vitamins A-E, these may all contribute to bruising and are best avoided for 7 days pre-treatment.

You must come with no makeup on the day of treatment, you must not reapply makeup for 24 hours in order to reduce the risk of infection or irritation at the injection sites.

Please let us know if you have any planned travel in the next 4 weeks. You cannot have Injectable treatments if you are feeling at all unwell. 48 hours post-treatment as this can increase bruising.

Your Anti Wrinkle Injections will start to take effect within 1-3 days post-treatment, visible results can be seen on day 7, and full results can be seen on day 14.

A feeling of heaviness in the area of treatment can be experienced in the first-week post-treatment, this is a result of your Anti Wrinkle Injections taking effect and your muscles starting to relax.

If this is your first Anti Wrinkle Injection treatment you will be contacted 2 weeks post-treatment when the product has taken full effect to assess your treatment results, a small adjustment may be required at this stage if necessary to perfect results.